PARISH MAGAZINE Ashford in the Water and Sheldon

https://ashfordparishchurch.com
February 2023

ASHFORD SERVICES

Sunday 05 Feb: 3rd before Lent: 9.45am Morning

Worship

Sunday 12 Feb: 2nd before Lent: 9.45am Sung Eucharist **Sunday 19 Feb**: Next before Lent: 9.45am Sung Eucharist

Wed 22nd Feb: Ash Wednesday: 7.00pm Eucharist Sunday 26 Feb: Lent 1: 9.45am Sung Eucharist



7th Feb: Stephen Davies 2pm in church

8th Feb: Peter Watts 2pm at Hutcliffe Wood Crematorium, Sheffield

No Sheldon Services in February

A Prayer for Spring

How lovely is your dwelling place, O Lord of hosts!

My soul has a desire and longing to enter the courts of the Lord;

my heart and my flesh rejoice in the living God.

The sparrow has found her a house

and the swallow a nest where she may lay her young: at your altars, O Lord of hosts, my King and my God.

Blessed are they who dwell in your house:

they will always be praising you.

Blessed are those whose strength is in you, in whose heart are the highways to Zion,

Who going through the barren valley find there a spring, and the early rains will clothe it with blessing.

From Psalm 84





World Day of Prayer 3 March 2023

"I have heard about your faith."

Our sisters in Taiwan are sending us blessings with the service they have

prepared for World Day of Prayer. Taiwan is an island rich in natural resources and culturally diverse. They share the issues faced geographically, politically and socially and also their hopes for the future. Let us join with them as we give thanks for the beautiful island and people of Taiwan and encourage one another in our faith just as Apostle Paul did in his letters.

The Day of Prayer is celebrated in over 120 countries. It begins in Samoa and prayer in native languages travels throughout the world before finishing in American Samoa some 38 hours later.

Do join us at 2.00 pm at Bakewell Methodist Church on Friday 3rd March.

All are very welcome.

The Village Album – contributions needed!







Our beautiful villages of Ashford and Sheldon have been captured in memorable photos over the years. If you have pictures that you have taken recently or long ago that you could share, please send them to stone.mary@sky.com so they can be featured in future magazine editions.

Dear Friends

I hope the New Year has started well for you and that you feel that any good intentions you began 2023 with are still there for you. I was struck by a recent comment about the need for more kindness within our lives, relationships, and dealings with others. We are touched by stories in the media of a complete stranger paying somebody's bill, donating sums of money towards another person's treatment, or offering to wash neighbours' cars- all without expecting anything in return and often offered anonymously.

A recent newspaper campaign urged readers to think about how they could do something kind towards others every week during 2023 in order to bring some joy into people's lives and communities. This is perhaps echoed a little with the intention of King Charles to invite people on the Bank Holiday Monday following his Coronation to think about spending the day volunteering within their local community to highlight the importance of serving and caring.

Random or planned acts of kindness, and a commitment to spending some of my time and using my skills in the support of others and the contribution to the community I belong to begins with a desire to serve in love. It might

come from a response through a faith we hold, or a recognition that in thanksgiving for what I receive, I wish to give something back. There can be motives of showing what a generous person I am in order to receive praise, but in our generosity of giving, however small it might be, in God's eyes, is the strengthening of character and appreciation of what it is to live in love together.

My act of kindness brings joy because of the sense of making a contribution, of sharing, of perhaps making a difference, whether it be ensuring a local community activity can continue, or bringing light and company to somebody who may feel the desolation of loneliness and isolation.

What might stop me is considering how much I have to do every day, or the stress I feel under, or that I have so little to give. Kindness need not cost any money or add to our stress levels or feel that it is about how confident I feel. Evidence actually shows that kindness helps us, where our selfesteem flourishes and we actually feel happier with a sense that we are engaged in something that is not about targets or deadlines or pleasing others.

Think what you might be able to do for somebody else during the remaining weeks of the year- weeding somebody's garden; walking their dog; volunteering at a local Charity Shop;

giving some time on a stall during a local community activity; offering to help plan something locally for the Coronation celebration; baking something for your neighbour... it might be, remember to be kind, and know the joy that comes through kindness shared in love.

Every blessing

Canon Tony

Farming News

January is always a fairly quiet month on the



farm. It's routine feeding, cleaning out and if it's dry, muck spreading. Following an EU directive the whole of the UK has NVZ. These are nitrate vulnerable zones which are areas designated as being at risk from agricultural nitrate pollution and include about 55% of land in England, and DEFRA reviews these areas every 4 vears. This means these areas have to reduce the amount of fertiliser applied and prohibits fertiliser application during winter when runoff is greatest and uptake by plants is at a minimum. Grants are available for storage of manure particularly in areas where NVZs are high risk. Records have to be kept detailing dates and field numbers when manure or

fertiliser is applied. I have five large

folders containing records for the farm. As we are part of the Red Tractor Scheme and farm assured we are inspected once a year. Like all inspections, and when we had the butchers it was the same, the inspector seems more interested in the records and book keeping than looking at the farm and the welfare of the cattle. The list of records is endless and some of them are quite ridiculous. The temperature of the grain in the grain store has to be monitored weekly, spray records, medicine records, pest control, health plans, etc etc.

We even have to take an exam now to spray weeds with a knapsack sprayer otherwise it is illegal. Rat poison cannot be purchased without a certificate saying we have undergone an exam in pest control. Whilst I know we have to adhere to all these regulations they seem to miss the point of just looking at good stock husbandry and seeing happy, contented cattle.

Ashford in the Water Parish Council

For information about the village and surrounding area, and the activities of the Parish Council, please visit:

http://www.ashford-in-the-water-pc.gov.uk



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We can deliver all your milk, eggs and cream requirements. We deliver Monday / Wednesday / Friday

Eggs ½ Dozen free range eggs £1.10

Cream ½ pint Double Cream (Longley Farm) £1.20

Fruit Yoghurts (Longley Farm) 38p

1ltr Carton Orange Juice £1.10

Pint Bottled Semi Skimmed Milk (Peak District Dairy) 60p Pint Bottled Whole Milk (Cox Brothers Great Longstone) 60p

Pint Bottled Skimmed Milk (Peak District Dairy) 60p

Cream ½ pint Single cream (Longley Farm) £1.10

Pint Fresh Orange Juice 75p

1ltr carton Cranberry £1.10

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SHELDON JOTTINGS

The days are beginning to lengthen noticeably now and the winter



honeysuckle, with its small scented yellow flowers, is not the only sign of things to come. We have noticed white showing on the snowdrops which have been pushing their way upwards since mid-January and the daffodils too are showing. Early lambs are also appearing in the fields although what



they make of the cold, wet world they come into at this time of year we can only wonder. February is snowdrop and hellebore month – the harbingers of what is to come.

We hear that another chapter in the life of Sheldon is to close as Phil is to retire from running the garage here in Sheldon in March. Tucked by the dew pond next to Top Farm and mostly hidden behind a tall hedge, the garage has kept our cars, vans, trucks, tractors and farm machinery running for all of 44 years. Starting from scratch, next to his father's farm, Phil and his trusted team have always been there when our vehicles needed an MOT or annual service and to help whenever we have been in difficulty - and who has not been? We will miss the shuttle of small service vans running into the village, the cheery 'awreight?' and 'thank you', and the understanding ear that we all

needed as we made our way across the yard to the garage door. The noises of metal on metal lent a cheery note to the sounds of village life, as did the heavier blow of substantial weight ringing out, which we always thought of as 'fine tuning!'

Phil always gave much to the village and supported village events and has sponsored and run the extremely successful Sheldon Fell Race for a number of years now, thus helping to raise much needed funds. Phil, we all wish both you and Jo a very long and happy retirement and trust that you both will enjoy your time with your grandchildren and the rest of the family and also have time to follow all those interests which you previously did not have enough time for. Thank you for all you have done for us and thanks too to Brian, Colin, Andrew, Jennie and those who have worked with you over the years.

Sadly, we heard last month that Maurice Turner, who for many years lived at Lower Farm with his wife Judy, passed away on December 27th 2022. Maurice was a well-liked character who enjoyed nothing better than to have a chat with people and would open a conversation with anyone he met. He drove a blue flatbed lorry on which he would carry any goods people wanted moving. One misty morning he drove up the village and as usual tooted as he did so. On looking out of the window we were astonished to see two life-size

elephants strapped to the back of the lorry, but not as astonished as drivers were as two elephants emerged from the mist as he drove over the 'Cat and Fiddle'. He always said he received more waves and hoots than any celebrity on that trip, taking the elephants to a well-known theme park.

Maurice and Judy left to live in Belper and our thoughts are with his family. His passing is a sad loss.

DIARY DATES

Tuesday 18th April – Parish Meeting AGM in Village Hall – 7.30pm

WI

Ashford WI welcomed our secretary, Aileen Piper, as speaker in our January Meeting.

Aileen gave a most enjoyable and interesting talk about her visit to Easter Island. Her presentation included photographs and information about the Moai - monolithic human figures carved by the Rapa Nui people between 1250 and 1500.

We look forward to February's meeting on Thursday 2nd at 2:15 pm when Paul Newsham will give a talk on Forensic Investigation.

Snowdrops

The sight of spectacular snowdrops beginning to carpet churchyards are a sure sign that spring is just around the corner.

Drifts of gently nodding milk white snowdrops signal the last sighs of winter.



These tony white beauties, poking their way through frosted soil, love to shelter in dappled shade at the base of trees and shrubs in churchyards across the country. They symbolise hope, the coming of spring and life reawakening.

The snowdrop's colour is associated with purity and they have been described as a shy flower with their drooping flowers. Each stem carries a single flower, with narrow, green leaves around the base. They often form clumps, and spread across valleys and banks releasing a delicate fragrance. Be sure to delicately look inside and turn them over, they are just as gorgeous from underneath.

According to legend, the snowdrop became the symbol of hope when

Adam and Eve were expelled from the Garden of Eden. When Eve was about to give up hope that the cold winters would never end, an angel appeared and transformed some of the snowflakes into snowdrops. Even the harshest winters eventually give way to the spring.

There are several regional folk traditions connected with snowdrops. In the 19th and early 20th centuries it was considered very unlucky to bring the flower into the house. Some believed that a death would soon occur, others that it would make cows' milk watery and affect the colour of the butter. Even as late as 1969 (in The Folklore of Plants) it was claimed that snowdrops indoors could affect the number of eggs that a sitting chicken might hatch.

In Yorkshire, it was customary for village maidens to gather bunches of snowdrops and wear them as a symbol of their purity on Candlemas, the festival which marks the end of winter and is a blessing to ward of evil spirits. It traditionally falls on 2nd February, the feast of the Virgin Mary, and is shared with the Celtic festival of Imbolc. Candles placed at the feet of the Virgin gave the snowdrop one of its many names, Mary's Tapers. But there are many others, including Dingle Dangle, Candlemas Bells, Fair Maids of February, Snow Piercer, Death's Flower and Corpse Flower.

It's thought that pilgrims originally brought snowdrops to the UK, but it was the ever enthusiastic Victorians who copiously planted them in graveyards, churchyards and cemeteries. Soldiers in Crimea were so enchanted by them that they brought snowdrops back from the battlefields to plant, hence the name 'Corpse Flower'.

From www.nationalchurchestrust.org

PUZZLE CORNER



- 1. Can you think of a three letter word that can be prefixed by all these letters? W ST C MIR DAM
- 2. If you write out all the numbers from 1 to 100 how many times do you write the digit 9?
- 3. Which number completes the sequence? 42. 12. 21. 24. 56. 73. 37. ?
- 4. My ____ is ____ than my wallet. Which one word can fill both gaps?

Palindromes are words which read the same backwards as forwards. Can you find palindromic answers to the following: 5. Musical note. 6. Even. 7. Midday. 8. First man's first words!

- 9. Which phrase is represented here?0/TV
- 10. Which letter comes next in this series? N T J Q K?

Answers on last page.

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Bakewell and Ashford Film Society (BASH)

PARASITE (2019 Cert.15)

SUNDAY February 12th 2023

7.30 pm at the Medway Centre, Bakewell



Jobless, penniless, and, above all, hopeless, the unmotivated patriarch, Ki-taek, and his equally unambitious family, his supportive wife, Chung-sook; his cynical twentysomething daughter, Ki-jung, and his college-age son, Ki-woo, occupy themselves by working for peanuts in their squalid basement-level apartment. Then, by sheer luck, a lucrative business proposition will pave the way for an ingeniously insidious scheme, as Ki-woo summons up the courage to pose as an English tutor for the teenage daughter of the affluent Park family. Now, the stage seems set for an unceasing winner-take-all class war. How does one get rid of a parasite?

BASH meets once a month, usually on the 2nd Sunday in the month, from September to June in the friendly atmosphere of The Medway Centre, Bakewell to show a variety of new, classic and foreign films. There will be an introduction to each film with refreshments served during the interval. Accessibility is important to BASH. We use a wheelchair friendly building with film subtitles and a hearing loop. You can join BASH Film Society via our website, sign up on the night or you can telephone the membership secretary Joy Thrower 01629 814863. As a member of the film society you will also be entitled to borrow for two weeks any DVD or BluRay from our ever growing library of films (see **www.bashfilms.org.uk**). We look forward to welcoming you on Sunday February 12th at 7.30pm.

POT LUCK

Perfect Pavlova



Cooking time:

1 - 1 ½ hours

Temperature: 120°C 250°F

Gas Mark ¼

Line an 8"/20cm tin or tray with baking parchment.



Ingredients:

3 egg whites
Pinch of salt
6 oz/175g caster sugar
1 tsp cornflour
1 tsp vinegar
½ tsp vanilla essence
Fresh fruit
150ml double cream whipped

Line the tin with baking parchment. Beat the egg whites and salt until stiff. Beat in half the sugar. Mix the cornflour with the rest and fold in gently. Add the vanilla essence and vinegar and mix. Spread in the tin and bake slowly until firm on the outside and still soft inside. (The parchment should be ready to peel off easily.) Turn upside down on a large dish and leave to cool. Cover with whipped cream and arrange fruit on top.

BAKEWELL MEDICAL CENTRE

www.bakewellmedicalcentre.co.uk 01629 816636

Normal Surgery Opening Times: Monday to Friday 8am to 6.30pm

(unless it's a bank holiday) We do not close for lunch.

Closed

The surgery will be closed for training at 1.30pm on the 2nd Wednesday of each month.

Whitworth Urgent Treatment Centre at Whitworth Hospital is open from 8am to 8pm 7 days a week.

Please remember if you need to seek medical advice and the surgery is closed contact **111.**

Baslow Health Centre – Church Lane, Baslow

www.baslowhealthcentre.co.uk

<u>Appointment Times:</u> Clinicians are still available for consultations and medical advice. Please contact the surgery and a GP or Nurse will call you back to discuss your concerns and if necessary arrange to see you in person. Many problems can be dealt with over the telephone.

<u>Patient Online:</u> Have you registered to use the online service? This allows you to book or cancel appointments online (during normal service) and order your repeat medications. You can also request access to your Summary Care Record, and Detailed Coded Data contained within your medical records. You can also look at your test results.

Telephone Numbers:

Reception: 01246 582216 District Nursing Team: 01332 564900

Health Visitor: 01246515100

Normal Surgery Opening Times Monday, Tuesday, Wednesday, Thursday & Friday 08:00am to 6.30pm, (Closed Bank Holidays) (Phones 8.00am – 6.30pm Mon to Fri)

<u>Ordering Repeat Medication</u> - You can order repeat medications in the following ways:

- In writing or with our on-line access service
- Return your repeat request form to surgery by Post

Please allow <u>three</u> working days before collection and <u>collect between 8am</u> and <u>5pm</u>

Prescriptions can be collected from reception inside the surgery.

<u>Samples</u> – if you need to leave a sample with us please ensure it is labelled with your name and date of birth and returned in a bag if provided either through the letterbox or at reception.

<u>Test Results</u> – Please ring for test results after 2.30pm as we do not receive test results back from the hospital until lunchtime.

For Urgent Calls when we are closed, please call 111



Need help or advice?

Sarah Dines Member of Parliament for Derbyshire Dales

You can write at any time to:

Sarah Dines MP, House of Commons London, SW1A 0AA

Phone: 020 7219 6660

Email: Sarah.dines.mp@parliament.uk

Website: www.sarahdines.org.uk

Sarah Dines MP, working hard for Derbyshire Dales

PUZZLE ANSWERS

1. AGE 2. 20 3. 65 (Each set of numbers consists of two pairs reversed) 4. lighter 5. Minim. 6. Level. 7. Noon. 8. Madam, I'm Adam! 9. Nothing on TV 10. A (initial letters of cards from nine to ace)

The deadline for the March magazine is 22nd February 2023.

Please send any poems, photos, articles, recipes, puzzles, animal profiles, thoughts or reminiscences to stone.mary@sky.com.
Thank you!